

# CALLING ALL TRAUMA INFORMED PRACTICE CHAMPIONS!



**In recognition of the increasing evidence around the impact of trauma and Adverse Childhood Experiences (ACEs) on health and social outcomes across the lifespan, Survivors in Transition are launching a workforce training and development project in Suffolk.**

We are calling on front line workers, managers and practitioners from across health, mental health, social care, education, children and family services, justice and beyond to lead the change by becoming Trauma Informed Practice (TIP) 'Champions' in their settings.

As a TIP Champion, you will receive exclusive training in TIP and bespoke consultancy support to lead the implementation of TIP in your service, project or organisation.

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**IN ENGLAND**  
**47%**  
**OF PEOPLE HAVE EXPERIENCED AT LEAST ONE ACE**<sup>2</sup>

## DID YOU KNOW?<sup>2</sup>

Those with 4 ACEs or more are...



**4X** more likely to develop Diabetes (Type 2)



**3X** more likely to develop Respiratory Disease



**3X** more likely to have stayed overnight in hospital



**3X** more likely to have visited A&E



**3X** more likely to develop Heart Disease



**4X** more likely to have frequently visited the GP

“  
**OVER**  
**42%**  
**OF STAFF SURVEYED IN SUFFOLK DID NOT KNOW WHAT TIP IS**<sup>1</sup>

## THE OFFER:

- Training in trauma, ACEs and their impacts across the lifespan
- Training on how to implement TIP in services and organisations
- Consultancy support to lead an audit and action plan with your team
- Access to a Community of Practice (CoP) to share knowledge and best practice
- Access to TIP resources
- Opportunity to take part in the evaluation, contributing to the UK evidence base in TIP

## THE REQUIREMENT:

- The commitment of up to 5 staff or 'TIP Champions' per service (including at least one senior member)
- Ability to lead a 'whole system' change programme in your service
- Leadership support for participation in the project
- Time commitment to attend all training and CoP dates
- A positive approach to partnership working (ie regular meetings/info sharing with the Project Lead and external evaluator).

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**OVER**  
**70%**  
**OF STAFF SURVEYED IN SUFFOLK HAVE NOT RECEIVED ANY FORMAL TRAINING IN TIP**<sup>1</sup>

## INTERESTED?

For more information and how to apply, please visit: [survivorsintransition.co.uk](http://survivorsintransition.co.uk) or contact Jessica Cotton, Training Lead [Jessica.cotton@survivorsintransition.co.uk](mailto:Jessica.cotton@survivorsintransition.co.uk) or 07983 519523.

Reference:

<sup>1</sup> Chizimba, B. (2021)

<sup>2</sup> Bellis et al (2015)